

Annexure I
Syllabus of Written Test
Bridge Programme for Certificate in Community Health (BPCCH)

Foundations of Community Health

1. Introduction to Public Health and Epidemiology
 - a. Concepts Of Community Health
 - b. Health Care Planning and Organisation of Health Care at Various Levels
 - c. Environmental Health and Sanitation.
 - d. Introduction to Epidemiology-Epidemiological Approaches and Processes
 - e. Demography, Surveillance and Interpretation Of Data
 - f. Bio-Medical Waste Management and Infection Control

2. **Nutrition**
 - a. Introduction to Nutrition and Nutritional Assessment
 - b. Nutrition During Pregnancy and Lactation
Nutrition For Infant, Child, Adolescent And Elderly
 - c. Nutritional Deficiency Disorders
 - d. Food Borne Diseases And Food Safety

3. **Communicable Diseases and Management Under National Health Programme**
 - a. Epidemiology of Specific Communicable Diseases
 - b. Communicable Diseases 1 – Vector Borne Diseases
 - c. Communicable Diseases 2 – Infectious Diseases
 - d. Communicable Diseases 3 – Zoonotic Diseases

4. **Non-Communicable Diseases and Management Under National Health Programme**
 - 1 Epidemiology of Specific Non-Communicable Diseases
 - 2 Non-Communicable Diseases-1
 - 3 Non-Communicable Diseases-2
 - 4 Occupational Diseases and their Prevention
 - 5 Mental Health and Substance Abuse Disorders
 - 6 Elderly Care

5. **Communication, Management and Supervision**
 - 1 Behaviour Change Communication Skills and other Soft Skills
 - 2 Work Management and Administration
 - 3 Leadership, Supervision and Monitoring
 - 4 Health Management Information System
 - 5 Financial Management, Accounts and Computing at Sub-Centre
 - 6 Records and Reports

Primary Health Care in Common Conditions

1. Management of Common Conditions and Emergencies Including First Aid

- 1 Common Conditions-1- Gastro Intestinal System
- 2 Common Conditions-2- Respiratory System
- 3 Common Conditions-3- Heart, Urinary System and Blood Disorders
- 4 Common Conditions-4- Eye, Ear, Nose and Throat
- 5 First Aid in Common Emergency Conditions
- 6 Disaster Management

2. Maternal Health

- 1 Introduction to RMNCH+A Programme
- 2 Antenatal Care
- 3 Intranatal Care
- 4 Early Identification, Management and Referral of Complications
- 5 Postpartum Care

3. Reproductive Health and Adolescent Health

- 1 Gynaecological Conditions
- 2 Family Planning Methods, Spacing Techniques and Counselling
- 3 Medical Abortion and MTP Act
- 4 Counselling in Reproductive and Sexual Health Including Problems of Adolescents
- 5 Management of Teenage Pregnancies

4. Newborn and Child Health Care

- 1 Essential Care of New Born at Birth
- 2 Management of Common Neonatal and Child Health Problems
- 3 Integrated Management of Neonatal and Childhood Illness
- 4 Introduction to Rashtriya Bal Swasthya Karyakaram
- 5 Universal Immunisation Programme (UIP)

5. Overview of Common Surgical Conditions

- 1 Common Surgical Conditions-1
- 2 Common Surgical Conditions-2
- 3 Congenital Malformations
- 4 Screening for Common Cancers

6. Essential Drugs

- 1 Essential Drugs-1
- 2 Essential Drugs-2
- 3 Essential Drugs-3