

**GOVERNMENT OF PUNJAB**  
**DEPARTMENT OF HEALTH & FAMILY WELFARE**  
*Parivar Kalyan Bhawan, Sector 34-A, Chandigarh*

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No. COVID-19/NHM/Pb/20/ 7015-58

Dated: 16/11/2020

To

1. All the Deputy Commissioners of Punjab.
2. All the Civil Surgeons of Punjab

**Subject: - Instructions for International travelers coming into Punjab.**

1. All international travelers arriving in Punjab will submit self declaration with personal and health details at [www.newdelhiaairport.in](http://www.newdelhiaairport.in) and hand over a copy of the same to State officers. They would be screened as per the health protocol at the port of entry. All foreign travelers entering state shall fill in Annexure-I and submit to District Health/Administration Authorities.

2. Travelers who will submit a negative RT-PCR test report (conducted within 96 hrs prior to undertaking the journey) before arrival on the portal and produce a copy of same on arrival will be allowed home quarantine. They will also be asked to submit a written undertaking to health officials/district administration for self-monitoring of their health status and would download COVA app and keep it active. In case, any symptoms develop they shall inform the district surveillance officer or district administration. All international travelers will get tested for COVID-19 by RT-PCR on 5<sup>th</sup> day of arrival as per protocol. When reports come and if they test negative, home quarantine ends. They will self monitor their health for next 7 days and report if any symptoms develop.

3. Travelers who do not submit a negative RT-PCR test report on arrival shall be tested by Rapid Antigen Testing (RAT) Kits.

a) If Rapid Antigen Testing (RAT) comes positive for COVID-19 he/she may opt for Home isolation /Government Isolation Facility/ Private Facility on payment basis and will be treated as COVID-19 management protocol. Person opting for home isolation will submit a consent form stating that he/she has a facility for home isolation at his/her residence, is asymptomatic/mild-symptomatic and not have any co-morbidity or the co-morbid condition is under control. Person will strictly follow home isolation protocol.

b) If Rapid Antigen Testing (RAT) comes negative for COVID-19 he/she will be allowed home quarantine. If symptomatic, sample for RT-PCR will be taken and followed up as per protocol. The person will get tested for COVID-19 by RT-PCR on the 5<sup>th</sup> day after arrival. When RT-PCR for COVID -19 is found to be negative, home quarantine ends. They will self monitor their health for next 7 days and report if any symptoms develop.

c) If RT-PCR for COVID-19 is found to be positive, they shall be assessed clinically and follow the Punjab COVID -19 management protocol.

4. They will be advised to follow all precautionary measures issued by Govt. of Punjab for prevention of COVID-19 spread such as hand hygiene, wearing mask, and maintain social distancing etc.

  
Director, Health and Family Welfare, Punjab  
TR

Endst. No. COVID-19/NHM/Pb/20/ 7059-65

Dated: 16/11/2020

**Copy for information:**

1. Chief Secretary to Govt. of Punjab.
2. Special Chief Secretary, Home Affairs & Justice, Punjab.
3. Principal Secretary to Hon'ble Chief Minister, Punjab
4. Principal Secretary to Govt. Punjab (MER Department).
5. Principal Secretary, Health and Family Welfare, Punjab.
6. Mission Director, National Health Mission, Punjab.
7. Managing Director, PHSC, Punjab.

  
Director, Health and Family Welfare, Punjab  
TR